


Your career pathway, your Journey to self Discovery

An Orientation to the Career Planning
Assessment

What is the Career Assessment?

- ▶ Career Journey is a comprehensive, web-based program with short assessments designed to help you gain further insight into your individual interests, abilities, and values
 - ▶ Based upon your responses to questions, the results are designed to help match you to occupations for which you may be well suited for further exploration. It is a starting point for anyone who wants guidance in deciding on a career pathway
 - ▶ Modules for exploration of specific careers, educational options, and financial aid analysis are also available in the program
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Why should I take the Career Inventory Assessment?

- ▶ Planning your academic and professional future takes research and time
- ▶ Starting with an assessment regarding your **Interests** is important
- ▶ Identifying your **Abilities** is also important in determining what types of careers suit you
- ▶ Your existing **skill sets** are also vital to determining a good fit with a career area

Knowing what occupations suit your **Interests** is key

Identifying occupations that match your **abilities** is also key

Why should I take the Career Inventory Assessment?

- ▶ Understanding how your **Values** play a role in the type and nature of work that you decide to pursue is a part of the research process in your career development
- ▶ By taking the Career Assessment as a starting point to your career development, you are better able to make informed decisions about your education and career pathway

Your Values are a factor in determining what kinds of careers suit you

The Career Assessment looks at your interests, abilities, values and existing skills

How do I take the Career Assessment to find out what Careers best suit me?

- ▶ The first step in your Career Development is to identify careers that are a match with your Interests, Abilities and Values and skills
- ▶ The use of tests that attempt to match you with jobs suited to your personality should be avoided
- ▶ The Career Assessment can provide the framework for exploring careers suited to you
- ▶ To participate in the Assessment you will need a USER ID PASSCODE in order to log in which must be obtained by coming to the Career Center in person

What if I have questions?

- ▶ Career planning is a very involved process and is best accomplished by talking with a variety of professionals, conducting research and using such information to help guide you in the process
 - ▶ The next step is to discuss your results with a career advisor or admissions counselor and to also to review current labor market conditions and projections for the field/s you are interested in pursuing
 - ▶ Stop by the Career Center or make an appointment if you have questions about your results or need additional assistance
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